

About the Classes:

Classes for single and divorcing parents will be offered in a 6-hour one-time weekend format on a Saturday.

For stepparents, the 6-hour class will be offered for couples. The stepparent class is typically divided into two Friday evenings although Saturdays are available.

At present, classes are offered in the Charleston, South Carolina area. If there is enough demand, the Changing Families staff can travel to conduct classes. For registration information, please contact us. Advance registration is required. You may contact us via phone, e-mail, or fax.

843.224.1781
fax: 843.388.2698
Tom@ChangingFamilies.com

Visit us on the web at:
ChangingFamilies.



Support offered by Changing Families

- ▶ Weekly support group meetings (Sundays, 5-6:45 pm, September - May) where one-parent families can gather, eat supper, relax, and belong
- ▶ Biannual two-day seminars (Friday and Saturday) where kids can talk to other kids just like them, enjoy puppet shows, crafts, music, and loving from people who care about them; adults will experience healing and fellowship and they can ask questions of community experts
- ▶ Regular fellowship activities such as parties and sporting events
- ▶ Referrals for community services such as financial management

About co-founders Tom and Helen Wheeler: Tom worked for 29 years with youth. Helen, a certified teacher and trained mediator was a single Mom for nine years and is a licensed counselor with a private practice. Tom and Helen are both trained Guardians ad litem.



**Making a Difference
for Kids
by Making it Work
for Their Parents**

Classes for
Single and
Divorcing
Parents

Classes for
Step-Parent
Families

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The Vision of

Changing Families

- ▶ To break the chain of past hurts
- ▶ To strengthen the fabric of the family during challenging times
- ▶ To prepare a positive uplifting path to the future

Making a Difference for Kids

Changing Families has developed two six-hour classes designed to help those who are embroiled in the struggles and aftermath of separation, divorce, child custody/visitation litigation or other family court proceedings. As with all our projects, our goal is to make a difference for the kids.

We seek to give parents the tools to get along with the other parent in order to remove kids from the battlefield of divorce.



At present, attendance in this or another class is required by many Family Court judges prior to being granted a final hearing in Charleston County, South Carolina whenever there are child custody or visitation issues.

Classes by

Changing Families

for

Single and Divorcing Parents

will help you answer these questions:

- ◆ How can I protect my children?
- ◆ How do I deal with all the negative emotions?
- ◆ How can I understand the needs of my children?
- ◆ Is it possible to co-parent in a way that is healthy for my kids?
- ◆ What will my new family look like?
- ◆ How can I get along better with the other parent?

Single Parent and Divorcing Parent Classes are taught for both men and women. For more information about the classes and class dates please contact Changing Families (843.224.1781 or Tom@ChangingFamilies.com).



Classes by

Changing Families

for

Step-Parent Families

will teach couples how to:

- ◆ Understand that this marriage is more complex
- ◆ Coexist in a “yours, mine and ours” household
- ◆ Protect their new marriage when dealing with ‘ex’ spouses
- ◆ Cooperate with the other families in this new arrangement
- ◆ Protect and nurture all the children in the household and make them feel loved and valuable
- ◆ Establish a working model of authority in the household

For more information about the Step-Parent Family’s classes and class dates please contact Changing Families (843.224.1781 or Tom@ChangingFamilies.com).

